

First Responder (2007) Skill Verification Sheet

Name: _____ **Date:** _____ **Class #:** _____
Location: _____

Psychomotor Skill	Date	Initial	Psychomotor Skill	Date	Initial
<i>Infectious Exposure</i>			<i>Assessment</i>		
Use appropriate personal protective equipment			Assess: A responsive patient		
Remove & discard protective equip. properly			An unresponsive patient		
Complete: Disinfection/cleaning of equip.			A patient w/altered LOC		
Reporting documentation			Perform scene size-up		
			Perform initial assessment		
<i>Lifting & Moving</i>			Verbalizes general impression		
Demonstrate: Proper body mechanics			Assess patient's mental status		
Emergency moves			Assess patient's airway		
Non-emergency moves			Assess breathing & applies O ₂		
Four person log roll			Determines presence of pulse		
Two person log roll			Brachial – radial		
Prepare & use equipment for patient movement			Carotid		
			Femoral		
Long spine board			Assess patient for bleeding		
			Assess skin C-T-C (cap refill on inf & child)		
<i>Airway</i>			Prioritize patients		
Demonstrate the following:			Perform focused assessment		
Head-tilt chin-lift			Perform rapid trauma assessment		
Jaw thrust			Obtain SAMPLE history		
Mouth-to-mouth w/barrier			Obtain OPQRST-I (I=intervention by patient)		
Mouth-to-mask					
Ventilating a patient with a stoma			Assess blood pressures by:		
FBAO (foreign body airway obstruction):			Auscultation		
Adult (conscious & unconscious)			Palpation		
Child (conscious & unconscious)			Determine pulse rate/rhythm		
Infant (conscious & unconscious)			Determine respiratory rate/depth		
Suctioning			Assess pupils		
One person BVM			Perform detailed physical exam		
Two person BVM			Perform ongoing assessment		
Ventilation of patient w/stoma			Demo assessment of an inf or child		
Oropharyngeal airway insertion			Locate pulse points (carotid, brachial, femoral, radial)		
Nasopharyngeal airway insertion					
Ventilation of infant & child patient			<i>I verify that the instructor's initials on both sides of this document are those of approved Instructors for this program. The presence of the initials signify student familiarization and successful practice with the skill. No guarantee of future performances is or should be implied by the presence of the initials.</i>		
Oxygen- Proper set up/teardown of cylinder & regulator w/ use of:					
Non-rebreather mask					
Nasal cannula					
BVM w/oxygen					

To Be Signed after form is completed:

_____ *Course Coordinator Name (Print)*

_____ *Medical Director Name (Print)*

_____ *Course Coordinator Signature:* _____ *Date*

_____ *Medical Director Signature:* _____ *Date*

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Psychomotor Skill	Date	Initial	Psychomotor Skill	Date	Initial
			Emergency Medical care for patients with:		
			General medical complaint		
			Altered LOC		
Cardiovascular			Diabetes		
Demonstrate: Proper AED use			Seizures		
CPR (cardiopulmonary resuscitation)			Stroke		
Adult (one rescuer)			Allergic reaction		
Adult (two rescuer)			Overdose		
Child			Poisoning		
Infant			Exposure to cold		
			Exposure to heat		
Childbirth			Behavioral / psychological emergency		
Assist with normal cephalic birth:			Childbirth – Normal cephalic birth		
Procedures as fetus head appears			Traumatic injury		
Procedures to cut umbilical cord			Internal bleeding		
Procedures for delivery of placenta			Shock (hypoperfusion)		
Demonstrate:			Spinal cord injury		
Post delivery care of infant			Head injury		
Post delivery care of mother			Mass casualty incident		
			Triage patients appropriately		
Trauma:					
Demonstrate bleeding control by:					
Direct pressure					
Diffuse pressure			Splinting:		
Pressure points			Demonstrate splinting/stabilization for:		
Brachial			Clavicle		
Femoral			Scapula		
Radial			Humerus		
Tourniquet			Radius/ulna		
			Hand		
			Pelvis		
Bandaging:			Femur (traction splint)		
Demonstrate bandaging for a (n):			Tibula/fibula		
Amputation & amputated part			Foot		
Laceration/Abrasion/Avulsion/Penetration of:			Joints: Wrist / ankle		
Eye			Shoulder		
Head & Toe			Elbow		
Neck			Hip		
Torso			Knee		
Extremities					
Open chest wound					
Open abdominal wound (evisceration)			Central Nervous System:		
Impaled object			Demonstrate:		
Burns			Cervical spine stabilization – manual		
			Cervical collar application		
			Securing patient to long board		